



Town of Hillsborough Manahan Park 2018 Swimming Lessons Registration Form

DEADLINE to receive forms is June 4th: must be returned with a \$10 registration fee per swimmer to the Town Office or mail to:
Town of Hillsborough Summer Program PO Box 7, Hillsborough, NH 03244
Cash, Credit Card or Check made payable to **Town of Hillsborough.**

Financial assistance is available to those who qualify. Contact Joyce Aubrey at 603-831-1854

Participant's Name: _____ Male Female

Street Address: _____

Town: _____ Phone Number: _____

Age: _____ Grade entering in September: _____ E-Mail: _____

Child's swim level/ability (if known): _____

* All children will be assessed prior to placement in class



General Information: The Town of Hillsborough will offer Red Cross Swimming Lessons to all children who reside full-time in Hillsborough or Deering (Residency verification may be required). There is a \$10 registration fee for all swimmers. Lessons are offered for a variety of ages and skill levels throughout the summer. Lessons will focus on basic swimming and floating techniques along with a strong emphasis on water safety.

Location: Manahan Park Waterfront, Hillsborough, NH

LESSON SCHEDULE (If your child is attending Day Camp at Manahan Park, please register for swimming lessons on the Day Camp Registration Form)

Preschool Aquatics: Age 4 years old. Class will teach basic aquatic skills and prepare children for Learn to Swim Classes.

June 26th - July 19th: Tuesdays & Thursdays (**no lessons July 4th**)
please identify your 1st, 2nd & 3rd preference for your child's lesson time

9:30-10:00am _____ 10:30-11:00am _____ 11:30-noon _____

Learn to Swim Levels 1-4: Ages 5-14 years old. Class will teach introduction to water skills, fundamentals of aquatics, swim stroke development and stroke improvement.

June 25th - July 20th: Mondays, Wednesdays & Fridays
please identify your 1st, 2nd & 3rd preference for your child's lesson time

9:30-10:00am _____ 10:30-11:00am _____ 11:30-noon _____

Junior Lifeguard Class - Open to children 11-14, this class will introduce participants to lifesaving skills, such as in-water rescues, use of a rescue tube, and first aid, CPR and AED. Participants also have the opportunity to shadow lifeguards in rotation to get a real sense of being on the job.

The class will run from 1pm-4pm, June 25th - 29th and July 2nd - July 6th (no class July 4th)
Class size is limited so be sure to sign up early



Learn to Swim Levels 5 & 6: Advanced swimmers. Class will be organized only if there is enough interest. Class will teach swim stroke refinement and prepare students to be fitness swimmers, lifeguards and water safety instructors.

_____ Yes, please contact me about lessons for advanced swimmers ages 12-18.

**** Important Notice:** Manahan Park Swimming Lessons will be taught under the supervision of one or more Red Cross Certified Swimming Instructors. Red Cross swimmer cards may be issued to swimmers who have completed the required skills within a specific swimming level. Please be aware that our emphasis will be on children mastering skills.

I give permission for _____ to participate in the Town of Hillsborough Summer Recreation Programs. In doing so, I release all agents, employees and volunteers of the Office of Parks and Recreation Department from liability for any and all loss, damage or injury to the person or property of the participant. I state to the best of my knowledge, my child is in proper physical condition to allow him/her to participate in program activities and that I assume the risk of participating. I understand that in case of illness, injury or an emergency I will be notified. If there is a serious medical emergency, 911 will be called. In the event I cannot be contacted, I give my consent to the attending physician to administer any treatment deemed appropriate and the transfer to any hospital reasonably accessible. I the parent/legal guardian signer of this document have read this release and understand all of its terms. I execute it voluntarily and with full knowledge of its significance. I have executed this release on the date indicated next to my name.

Print Parent/Guardian

Parent/Guardian Signature

Date