

# **2012 Hillsborough Area Community Guide**



**A resource  
directory for those living in  
Hillsborough**

## **HELP IN A HURRY**

**In Case of Emergency DIAL 911 or 464-5512**

**Concord Hospital Behavioral Health 24-Hour Crises Line**

Phone: 603-226-0817

**Domestic Violence 24-Hour Hotline**

Phone: 866-644-3574

Phone: TTY: 800-735-2964

**Homeless Hotline and NH Resource and Referral Network**

Phone: 211

**NH DFS Child Abuse Hotline**

Phone: 800-894-5533

**Hillsborough Local Welfare**

Phone: 603-464-3877 x226

**NH DHHS Family Assistance Concord**

Phone: 603-271-6200

Phone: 800-322-9191

**NH Poison Information Center/Hotline**

Phone: 800-222-1222

**NH State Hospital**

Phone: 800-852-3345 x 5300

**Riverbend 24-Hour**

**EMERGENCY SERVICES/SUICIDE HOTLINE**

Phone: 800-852-3323

## **INTRODUCTION**

Dear Friends,

This guide is intended as an "at your fingertips" way to easily find help in our area with all kinds of issues our families face on a daily, and not so daily, basis.

Our hope is that community members will feel empowered by this information. Please note, however, that no such list is ever complete. If you know of a resource that was not included, or do not find the help you need here, please contact Dana Brien who will add missing contacts for the next guide or try to find a resource to help with your needs.

This guide has been published with support from Monadnock Paper Mill, Hillsboro Community Action Team, Project LIFT, Valley Bible Chapel, and the Hillsborough Welfare Office. To be added to the next guide, or to support it's publication, please contact one of the three organizers of this effort:

Dana Brien, Town of Hillsborough Welfare Administrator  
603-464-3877 x226

Judith Fournier, Director of Project LIFT  
603-464-5285

Pastor Greg Lull, Valley Bible Chapel  
603-464-3511

Thank you!!

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## **At Your Fingertips...**

### ***Child Care Resources***

Easter Seals 800-870-8728  
Southern NH Services Child Development Center 603-464-5981

### ***Local Churches***

Hillsborough United Methodist Church 603-464-5466  
Smith Memorial Church 603-464-5239  
St Theresa's/St Mary's Church 603-464-5565  
Valley Bible Chapel 603-464-3511

### ***Clothing Resources***

Friends of Forgotten Children 603-753-4801  
Hillsborough Food Pantry/Clothing Closet 603-464-4080  
Rise Again Outreach 603-229-3220  
The River Center 603-924-6800

### ***Disability Services and Information***

Capital Payee Services 603-225-3858  
Community Bridges 800-225-4779  
Crotched Mountain Rehab Hospital 603-547-3232  
Easter Seals 800-870-8728  
Meals on Wheels 603-464-3553  
NH DHHS APTD Disability Determination Unit 603-271-4445  
NH DHHS Bureau of Elderly and Adult Services 603-271-9203  
NH Governor's Commission on Disability 603-271-2773  
Parent Information Center 800-947-7005  
Service Link 866-634-9412

### ***Domestic and Sexual Violence***

Domestic Violence 24-Hour Hotline 866-644-3574  
Monadnock Center for Violence Prevention 603-352-3782  
NH Coalition Against Domestic and Sexual Violence 603-224-8893  
Sexual Assault 24-Hour Hotline 800-227-5570  
YWCA 603-668-2299

### ***Education Resources***

Child and Family Services 603-518-4171  
Concord Regional VNA 603-224-4093  
Easter Seals 800-870-8728

### ***Educational Resources (cont)***

Hillsboro-Deering Elementary School 603-464-1110  
Hillsboro-Deering High School 603-464-1130  
Hillsboro-Deering Middle School 603-464-1120  
Hillsboro Deering Public Schools Title One Program 603-464-1110  
Hillsboro-Deering Public Schools/SAU 34 603-464-4466  
Home Health Care, Hospice and Community Services 800-541-4145  
Parent Information Center 800-947-7005  
Project Genesis Teen Center 603-464-4145  
Project Lift Adult Learner Services 603-464-5285  
Riverbend Children's Intervention Program 603-228-0547  
Southern NH Services Child Development Center 603-464-5981  
The Grapevine Community Resource Center 603-588-2620  
The River Center 603-924-6800

### ***Family Support***

Child and Family Services 603-518-4171  
Community Action Team 603-464-5779  
Concord Regional VNA 603-224-4093  
Easter Seals 800-870-8728  
Friends of Forgotten Children 603-753-4801  
Greater Henniker Family Counseling 603-428-7400  
Hillsboro Deering Public Schools Title One Program 603-464-1110  
Hillsborough County Dept of Human Services 603-621-1478  
Hillsborough United Methodist Church 603-464-5466  
Hillsborough Youth Services 603-464-3877 x230  
Home Health Care, Hospice and Community Services 800-541-4145  
New Hampshire Catholic Charities 603-669-3030 x239  
NH Child and Family Services 603-518-4214  
NH DFS Child Abuse Hotline 800-894-5533  
NH DHHS Child Support Services 603-271-3604  
Project Genesis 603-464-4145  
Rise Again Outreach 603-229-3220  
Riverbend Children's Intervention Program 603-228-0547  
Riverbend Community Mental Health 603-228-0547  
Runaway Switchboard 800-621-4000  
Smith Memorial Church 603-464-5239  
Southern NH Services Child Development Center 603-464-5981  
St Theresa's/St Mary's Church 603-464-5565  
The Grapevine Community Resource Center 603-588-2620  
The River Center 603-924-6800  
Valley Bible Chapel 603- 464-3511

## ***Federal Resources and Contacts***

Sen. Jeanne Shaheen 603-647-7500  
Sen. Kelly Ayotte 603-622-7373  
Social Security Concord 888-397-9798  
Social Security Manchester 866-354-3773

## ***Food Help***

EBT Card check 888-997-9777  
Friendly Kitchen 603-224-7678  
Friends of Forgotten Children 603-753-4801  
Hillsborough Food Pantry/Clothing Closet 603-464-4080  
Hillsborough Local Welfare 603-464-3877 x226  
Meals on Wheels 603-464-3553  
St Vincent De Paul 603-225-4331  
WIC/Commodity Foods 603-668-8010

## ***Fuel and Electric Help***

Catholic Charities 603-228-1108  
Citizen's Energy 617-338-6300  
Hillsborough Local Welfare 603-464-3877 x226  
Hillsborough Youth Services 603-464-3877 x230  
New Hampshire Catholic Charities 603-669-3030 x239  
NH Public Utilities Commission 603-271-2431  
Southern NH Services Energy Assistance Programs 603-924-2243

## ***Homeless Assistance***

Edna McKenna House 603-228-3505  
Friendly Kitchen 603-224-7678  
Friends Shelter 603-228-1462  
Hillsborough Local Welfare 603-464-3877 x226  
Homeless Hotline 211  
Monadnock Area Transitional Shelter 603-924-5033  
Monadnock Center for Violence Prevention 603-352-3782  
New Horizons 603-668-1877  
Rise Again Outreach 603-229-3220  
Riverbend Community Mental Health 603-228-0547  
Runaway Switchboard 800-621-4000

## ***Housing Help and Resources***

Belknap-Merrimack CAP 603-229-1989  
CATCH 603-225-8835  
Families In Transition 603-641-9441  
Farmsteads of NE 603-464-2590  
HAVE Healthy Home Services 603-627-3491  
Hillsborough Local Welfare 603-464-3877 x226  
Monadnock Area Transitional Shelter 603-924-5033  
NH Healthy Homes and Lead Poisoning Prevention 603-271-4786  
NH Housing Finance 603-310-9283  
The Hodges Companies CATCH 603-224-9221  
The Way Home 603-627-3491

## ***Legal Resources***

AG's office Consumer Protection 888-468-4454  
Disabilities Rights Center 603-228-0432  
Lawline 800-868-1212  
Legal Advice and Referral Center 800-639-5290  
Legal Advice Line Senior Citizen's Law Project 888-353-9944

## ***Local Welfare***

Hillsborough Local Welfare 603-464-3877 x226  
Town of Washington 603-495-3193

## ***Medical Assistance and Resources***

American Cancer Society 800-640-7101  
Centers for Disease Control Info Line 800-232-4636  
Child and Family Services 603-518-4171  
Concord Hospital 603-225-2711  
Concord Hospital Rx Assistance Program 603-227-7000 x3340  
Concord Regional VNA 603-224-4093  
Crisis Pregnancy Center 603-224-7477  
Crotched Mountain Rehab Hospital 603-547-3232  
Easter Seals 800-870-8728  
Hillsborough Local Welfare 603-464-3877 x226  
Hillsborough-Deering Family Health 603-464-3434  
H-D Family Health Teen Wellness Center 603-464-3434  
Home Health Care, Hospice and Community Services 800-541-4145  
Medicaid Provider List 800-852-3345 #1 x4344  
Monadnock Community Hospital 603-924-7191  
New Hampshire Catholic Charities 603-669-3030 x239

### ***Medical Assistance and Resources (cont)***

NH Healthy Kids 603-228-2925  
Rite Aid Pharmacy 603-464-5678  
Riverbend Community Mental Health 603-228-0547  
Service Link 866-634-9412

### ***Mental Health Support and Services***

Brookside Counseling 603-464-5599  
Community Bridges 800-225-4779  
Concord Hospital Behavioral Health Crises Line 603-226-0817  
Concord Regional VNA 603-224-4093  
Greater Henniker Family Counseling 603-428-7400  
Hillsborough-Deering Family Health 603-464-3434  
Monadnock Family Services Crisis Line 603-357-4400  
New Hampshire Catholic Charities 603-669-3030 x239  
NH State Hospital 603-271-5300  
Riverbend Community Mental Health 603-228-0547  
Samaritans Suicide Prevention 800-784-2499

### ***Money Management and Budgeting Assistance***

Capital Payee Services 603-225-3858  
GreenPath Debt Solutions 800-660-5609  
Hillsborough Local Welfare 603-464-3877 x226  
More Than Wheels 866-455-2522  
The Grapevine Community Resource Center 603-588-2620  
The River Center 603-924-6800

### ***Mortgage Resources***

CATCH 603-225-8835  
Hope Hotline 888-995-4673  
NH Banking Commission 603-271-3561

### ***Parenting Support and Education***

Child and Family Services 603-518-4171  
Concord Regional VNA 603-224-4093  
Hillsboro Deering Public Schools Title One Program 603-464-1110  
Hillsborough County Dept of Human Services 603-621-1478  
Hillsborough United Methodist Church 603-464-5466  
Home Health Care, Hospice and Community Services 800-541-4145  
Riverbend Children's Intervention Program 603-228-0547  
Riverbend Community Mental Health 603-228-0547  
Runaway Switchboard 800-621-4000  
Smith Memorial Church 603-464-5239  
Southern NH Services Child Development Center 603-464-5981

### ***Parenting Support and Education (cont)***

The Grapevine Community Resource Center 603-588-2620

The River Center 603-924-6800

Valley Bible Chapel 603- 464-3511

### ***Senior and Elderly Resources and Support***

Concord Regional VNA 603-224-4093

Easter Seals 800-870-8728

Hillsborough Local Welfare 603-464-3877 x226

Meals on Wheels 603-464-3553

NH DHHS Bureau of Elderly and Adult Services 603-271-9203

Service Link 866-634-9412

The Grapevine Community Resource Center 603-588-2620

The River Center 603-924-6800

### ***State of New Hampshire Contacts and Information***

NH Banking Commission 603-271-3561

NH Bureau of Drug and Alcohol Services 603-271-6110

NH Child and Family Services 603-518-4214

NH DFS Child Abuse Hotline 800-894-5533

NH DHHS APTD Disability Determination Unit 603-271-4445

NH DHHS Bureau of Elderly and Adult Services 603-271-9203

NH DHHS Child Support Services 603-271-3604

NH DHHS Family Assistance Concord 603-271-6200

NH DHHS Family Assistance Keene 603-357-3510

NH Employment Security 603-228-4100

NH Governor's Commission on Disability 603-271-2773

NH Healthy Homes Lead Poisoning Prevention 603-271-4786

NH Healthy Kids 603-228-2925

NH House of Reps, Marjorie Porter 603-464-0225

NH House of Reps, Holly Mecheski 603-478-3986

NH House of Reps, Robert Fredette 603-464-9962

NH Senate 603-271-2111

Service Link 866-634-9412

### ***Substance Abuse Help and Support***

Alcoholics Anonymous 800-593-3330

Community Action Team 603-464-5779

Concord Hospital Behavioral Health Crises Line 603-226-0817

Friendship House 603-869-2210

Greater Henniker Family Counseling 603-428-7400

NH Bureau of Drug and Alcohol Services 603-271-6110

Phoenix House 603-358-4041

### ***Town of Hillsborough Contacts***

Hillsboro-Deering Elementary School 603-464-1110  
Hillsboro-Deering High School 603-464-1130  
Hillsboro-Deering Middle School 603-464-1120  
Hillsboro-Deering Public Schools/SAU 34 603-464-4466  
Hillsborough Fire Rescue 603-464-3477  
Hillsborough Local Welfare 603-464-3877 x226  
Hillsborough Police 603-464-5512  
Hillsborough Youth Services 603-464-3877 x230  
Project Genesis Teen Center 603-464-4145  
Project Lift Adult Learner Services 603-464-5285  
Town of Hillsborough Selectmen/Assessing Office 603-464-3877

### ***Transportation***

Easter Seals Special Transit Services 603-668-8603  
Good News Garage 603-663-6391  
More Than Wheels 866-455-2522

## **Full Contact Directory for All Agencies:**

### ***Attorney General's Office Consumer Protection***

**Phone:** 888-468-4454

**On the Web:** [www.doj.nh.gov/consumer](http://www.doj.nh.gov/consumer)

**Email:** [DOJ-CPB@doj.nh.gov](mailto:DOJ-CPB@doj.nh.gov)

### ***Alcoholics Anonymous***

**Phone:** 800-593-3330

**On the Web:** [www.nhaa.net](http://www.nhaa.net)

### ***American Cancer Society***

2 Commerce Drive

Bedford, NH 03110

**Phone:** 800-640-7101

**On the Web:** [www.cancer.org](http://www.cancer.org)

### ***Belknap-Merrimack CAP***

**Phone:** 603-229-1989

**On the Web:** [www.bm-cap.org](http://www.bm-cap.org)

Security Deposit Loan Guarantee program, Apartment must be in Merrimack County

### ***Brookside Counseling***

365 West Main Street

Hillsborough, NH 03244

**Phone:** 603-464-5599

**Fax:** 603-464-5549



### ***Capital Payee Services***

26 S. Main St #298

Concord, NH 03301

**Phone:** 603-225-3858

**Fax:** 603-225-3858

**Email:** [capitalpayeeservices@usa.net](mailto:capitalpayeeservices@usa.net)

Professional Payee Services for those on Social Security who require third party assistance in managing their money.

### ***CATCH***

76 South State Street

Concord, NH 03301

**Phone:** 603-225-8835

**On the Web:** [www.catchhousing.org](http://www.catchhousing.org)

**Email:** [info@catchhousing.org](mailto:info@catchhousing.org)

Mortgage Assistance Resource/Affordable Housing Options

### ***Catholic Charities***

176 Loudon Rd

Concord, NH 03301

**Phone:** 603-228-1108

**On the Web:** [www.nh-cc.org](http://www.nh-cc.org)

### ***Centers for Disease Control Info Line***

**Phone:** 800-232-4636

Health Information

### ***Child and Family Services***

103 North State Street

Concord, NH 03301

**Phone:** 603-518-4171

**Phone:** 800-640-6486 x4171

**Fax:** 603-224-7445

**On the Web:** [www.cfsnh.org](http://www.cfsnh.org)

**Email:** [postn@cfsnh.org](mailto:postn@cfsnh.org)

Healthy Families Program

### ***Citizen's Energy***

**Phone:** 617-338-6300

**Phone:** 877-563-4645

**On the Web:** [citizensenergy.com](http://citizensenergy.com)

**Email:** [inform@citizensenergy.com](mailto:inform@citizensenergy.com)

Joe for Oil campaign, Fuller oil does deliver in Hillsboro on this program

### ***Community Action Team***

61 West Main St

Hillsborough, NH 3244

**Phone:** 603-464-5779

**On the Web:** [www.hillsborocat.org](http://www.hillsborocat.org)

Drug and Alcohol abuse prevention and education coalition. Information, referrals, assessments, short-term counseling

### ***Community Bridges***

525 Clinton St

Bow, NH 03304

**Phone:** 800-225-4779

**On the Web:** [www.communitybridgesnh.org](http://www.communitybridgesnh.org)

### ***Concord Hospital***

250 Pleasant St

Concord, NH 03301

**Phone:** 603-225-2711

**On the Web:** [www.concordhospital.org](http://www.concordhospital.org)

### ***Concord Hospital Behavioral Health***

250 Pleasant St

Concord, NH 03301

**Phone:** 603-226-0817 (24-hour assistance)

**Phone:** 603-227-7000 x4500

**On the Web:** [www.concordhospital.org/services/behavioral.php](http://www.concordhospital.org/services/behavioral.php)

Emergency and residential psychiatric and substance abuse treatment and support.

### ***Concord Hospital Rx Assistance Program***

250 Pleasant St

Concord, NH 03301

**Phone:** 603-227-7000 x3340

**Fax:** 603-227-7010

**On the Web:** [www.concordhospital.org](http://www.concordhospital.org)

### ***Concord Regional VNA***

30 Pillsbury St

Concord, NH 03301

**Phone:** 603-224-4093

**On the Web:** [www.crvna.org](http://www.crvna.org)

### ***Crisis Pregnancy Center***

7 Greenwood Ave

Concord, NH 03301

**Phone:** 603-224-7477

### ***Crotched Mountain Rehab Hospital***

1 Varney Dr

Greenfield, NH 03047

**Phone:** 603-547-3232

**Fax:** 603-547-2349

**On the Web:** [www.crotchedmountain.org](http://www.crotchedmountain.org)

Harry Gregg Foundation Grants

### ***Disabilities Rights Center***

18 Low Ave

Concord, NH 03301

**Phone:** 603-228-0432

**Phone:** 800-834-1721

**Fax:** 603-225-2077

**On the Web:** [www.drcnh.org](http://www.drcnh.org)

DRC provides information, referrals, legal advice and legal representation in the areas of civil and other legal rights of people with disabilities.

### ***Domestic Violence 24-Hour Hotline***

**Phone:** 866-644-3574

**Phone:** TTY: 800-735-2964

Crisis support, information and referrals.

### ***Easter Seals***

555 Auburn Street

Manchester, NH 03103

**Phone:** 800-870-8728

**Phone:** 603-621-3497

**Fax:** 603-622-1358

**On the Web:** [nh.easterseals.com](http://nh.easterseals.com)

### ***Easter Seals Special Transit Services***

**Phone:** 603-668-8603

Give Medicaid rides, must be scheduled through Medicaid Client Services,  
800-852-3345 x3770

### ***EBT Card check***

**Phone:** 888-997-9777

**On the Web:** [www.ebtedge.com](http://www.ebtedge.com)

Check the balance on your EBT card

### ***Edna McKenna House***

100 S Fruit St

Concord, NH 03301

**Phone:** 603-228-3505

**Fax:** 603-224-7877

### ***Families In Transition***

122 Market St  
Manchester, NH 03101  
**Phone:** 603-641-9441  
**Phone:** 866-470-6885  
**On the Web:** [www.fitnh.org](http://www.fitnh.org)  
**Email:** [info@fitnh.org](mailto:info@fitnh.org)

### ***Farmsteads of NE***

213 Center Road  
Hillsborough, NH 03244  
**Phone:** 603-464-2590  
**Fax:** 603-464-4426

### ***Friendly Kitchen***

52 Pleasant St  
Concord, NH 03301  
**Phone:** 603-224-7678

### ***Friends of Forgotten Children***

224 Bog Rd  
Concord, NH 03301  
**Phone:** 603-753-4801  
Food Pantry/Clothing Closet/Kids Furniture

### ***Friends Shelter***

30 Thompson St  
Concord, NH 3301  
**Phone:** 603-228-1462

### ***Friendship House***

Rt 302  
Bethlehem, NH  
**Phone:** 603-869-2210  
**On the Web:** [www.tccap.org/aod\\_friendship\\_house.htm](http://www.tccap.org/aod_friendship_house.htm)

### ***Good News Garage***

325 Merrill Street

Manchester, NH 03103

**Phone:** 603-663-6391

**Phone:** 877-400-6065

**On the Web:** [www.goodnewsgarage.org](http://www.goodnewsgarage.org)

Transportation

### ***Greater Henniker Family Counseling***

41 Liberty Hill Road

Henniker, NH 03242

**Phone:** 603-428-7400

**On the Web:** [www.hennikercounseling.org](http://www.hennikercounseling.org)

**Email:** [nwilliamson@tds.net](mailto:nwilliamson@tds.net)

### ***GreenPath Debt Solutions***

P.O. Box 818

Concord, NH 03302

**Phone:** 800-660-5609

**On the Web:** [www.greenpath.com](http://www.greenpath.com)

### ***HAVE Healthy Home Services***

214 Spruce Street

Manchester, NH 03103

**Phone:** 603-627-3491

**Fax:** 603-644-7949

### ***Hillsboro-Deering Elementary School***

4 Hillcat Drive

Hillsborough, NH 03244

**Phone:** 603-464-1110

**Fax:** 603-464-4385

### ***Hillsboro-Deering High School***

12 Hillcat Drive

Hillsborough, NH 03244

**Phone:** 603-464-1130

**Fax:** 603-464-4028

### ***Hillsboro-Deering Middle School***

6 Hillcat Drive  
Hillsborough, NH 03244  
**Phone:** 603-464-1120  
**Fax:** 603-464-5759

### ***Hillsboro-Deering Public Schools Title One Program***

4 Hillcat Drive  
Hillsborough, NH 03244  
**Phone:** 603-464-1110  
Tutoring, Home Visits, Parent Education

### ***Hillsboro-Deering Public Schools/Homeless Outreach***

Alison Christy  
Families in Transition Coordinator  
12 Hillcat Drive  
Hillsborough, NH 03244  
**Phone:** 603-464-1130 x3027  
**Phone:** 603-547-0605  
**Email:** [achristy@hdsd.k12.nh.us](mailto:achristy@hdsd.k12.nh.us)

### ***Hillsboro-Deering Public Schools SAU 34***

P.O. Box 2190  
78 School Street, Third Floor  
Hillsborough, NH 03244  
**Phone:** 603-464-4466  
**Fax:** 603-464-4053  
**On the Web:** [www.hdsd.org](http://www.hdsd.org)

### ***Hillsborough County Dept of Human Services***

329 Mast Road  
Goffstown, NH 03103  
**Phone:** 603-621-1478  
**Fax:** 603-621-1481

### ***Hillsborough Fire Rescue***

15 Central St  
Hillsborough, NH 03244  
**Phone:** 603-464-3477  
**Fax:** 603-464-3122  
**On the Web:** [www.hillsborofd.com](http://www.hillsborofd.com)

### ***Hillsborough Food Pantry/Clothing Closet***

7 Church St  
Hillsborough, NH 03244  
**Phone:** 603-464-4080  
Open toes 5:00-7:00pm

### ***Hillsborough Local Welfare***

27 School Street  
Hillsborough, NH 03244  
**Phone:** 603-464-3877 x226  
**Fax:** 603-464-4270  
**On the Web:** [www.town.hillsborough.nh.us](http://www.town.hillsborough.nh.us)  
**Email:** [dana@hillsboroughnh.net](mailto:dana@hillsboroughnh.net)  
M-F 8:30am-4:30pm by appointment

### ***Hillsborough Police***

22 Municipal Drive  
Hillsborough, NH 03244  
**Phone:** 603-464-5512  
**On the Web:** [www.hillsbroropd.com](http://www.hillsbroropd.com)

### ***Hillsborough United Methodist Church***

Pastor Cindy Nickerson  
16 Henniker Street  
Hillsborough, NH 03244  
**Phone:** 603-464-5466  
**Email:** [pastor@hillsboroumc.net](mailto:pastor@hillsboroumc.net)



### ***Hillsborough Youth Services***

Peter Brigham

**Phone:** 603-464-3877 x230

**Email:** [peteruns@gmail.com](mailto:peteruns@gmail.com)

Juvenile Court Diversion (State Accredited) Family/Youth Counseling and Substance abuse referrals, Group Community Service, Community Action Team (CAT) Sponsor, Parent/Child Special Education Support

### ***Hillsborough-Deering Family Health***

15 Antrim Road

Hillsborough, NH 03244

**Phone:** 603-464-3434

**On the Web:** [www.concordhospital.org](http://www.concordhospital.org)

### ***Home Health Care, Hospice and Community Services***

312 Marlboro Street

Keene, NH 03431

**Phone:** 800-541-4145

**Fax:** 603-352-2253

**On the Web:** [www.hcsservices.org](http://www.hcsservices.org)

**Email:** [info@hcsservices.org](mailto:info@hcsservices.org)

Maternal and Child Health Services

### ***Homeless Hotline***

**Phone:** 211

**On the Web:** [www.211nh.org](http://www.211nh.org)

### ***Hope Hotline***

**Phone:** 888-995-4673

**On the Web:** [www.makinghomeaffordable.gov](http://www.makinghomeaffordable.gov)

Nationwide Mortgage helpline

### ***Lawline***

**Phone:** 800-868-1212

2nd Wednesday of every month from 6pm to 8pm. Volunteer Lawyers offer free legal information.

### ***Legal Advice and Referral Center***

48 South Main St

Concord, NH 03301

**Phone:** 800-639-5290

**Fax:** 603-884-6067

**On the Web:** [www.nhlegalaid.org](http://www.nhlegalaid.org)

Free legal Service to eligible, low-income people in New Hampshire with issues in Family Law, Benefits and Welfare, and Housing.

### ***Legal Advice Line Senior Citizen's Law Project***

**Phone:** 888-353-9944

The Legal Advice Line, a service of New Hampshire Legal Assistance provides free legal advice in civil matters for senior citizens 60 and older.

### ***Meals on Wheels***

30-34 West Main Street

Hillsborough, NH 03244

**Phone:** 603-464-3553

**On the Web:** [www.mealsonwheelsnh.org](http://www.mealsonwheelsnh.org)

**Email:** [geno3@hotmail.com](mailto:geno3@hotmail.com)

Seniors over 60 automatically eligible to dine with MOW at St Mary's M-F for dinner. If senior can show cause, meals will be delivered. Also offer rides for grocery shopping. Disabled adults under age 60 may also qualify depending on income.

### ***Medicaid Provider List***

**Phone:** 800-852-3345 #1 x4344

### ***Monadnock Area Transitional Shelter***

**Phone:** 603-924-5033

**On the Web:** [www.matsnh.org](http://www.matsnh.org)

Not an emergency shelter

### ***Monadnock Center for Violence Prevention***

**Phone:** 603-352-3782

**Phone:** 888-511-6287

Advocacy, Information and referral for people experiencing domestic and sexual violence. 24-Hour crises hotline, emergency Shelter, Safety Planning, Support groups and Peer counseling and Legal Advocacy.

### ***Monadnock Community Hospital***

**Phone:** 603-924-7191

**On the Web:** [www.monadnockcommunityhospital.com](http://www.monadnockcommunityhospital.com)

### ***Monadnock Family Services***

310 Southfield Lane

Peterborough, NH 03458

**Phone:** 603-357-4400

**On the Web:** [www.mfs.org](http://www.mfs.org)

Parenting Education

### ***Monadnock Family Services Crisis Line***

**Phone:** 603-357-4400

Keene is 24 hours

### ***More Than Wheels***

250 Commercial St Ste. 4021

Manchester, NH 03101

**Phone:** 866-455-2522

**On the Web:** [www.bonnieclac.org/](http://www.bonnieclac.org/)

Money management counseling for working adults with a goal of affording their own vehicle.

### ***New Hampshire Catholic Charities***

215 Myrtle Street

Manchester, NH 03104

**Phone:** 603-669-3030 x239

**Phone:** 800-562-5249

**Fax:** 603-626-1252

**On the Web:** [www.catholiccharitiesnh.org](http://www.catholiccharitiesnh.org)

### ***New Horizons***

199 Manchester St

Manchester, NH 03103

**Phone:** 603-668-1877

**On the Web:** [www.newhorizonsfornh.org](http://www.newhorizonsfornh.org)

Adult homeless Shelter, Food Supportive recovery services.

### ***NH Banking Commission***

**Phone:** 603-271-3561

**Phone:** 800-437-5991

Mortgage Assistance resource.

### ***NH Bureau of Drug and Alcohol Services***

**Phone:** 603-271-6110

**Phone:** 800-804-0909

**On the Web:** [www.dhhs.nh.gov/dcbcs/bdas/](http://www.dhhs.nh.gov/dcbcs/bdas/)

A resource for information on Drug and Alcohol services throughout New Hampshire.

### ***NH Child and Family Services***

103 North State St

Concord, NH 03301

**Phone:** 603-518-4214

**Fax:** 603-224-7445

**On the Web:** [www.dhhs.state.nh.us](http://www.dhhs.state.nh.us)

Family Supports, Child Protection

### ***NH Coalition Against Domestic and Sexual Violence***

P.O. Box 353

Concord, NH 03302

**Phone:** 603-224-8893

**Fax:** 603-228-6096

**On the Web:** [www.nhcadsv.org](http://www.nhcadsv.org)

### ***NH DFS Child Abuse Hotline***

**Phone:** 800-894-5533

To Report concerns

### ***NH DHHS APTD Disability Determination Unit***

**Phone:** 603-271-4445

**Phone:** 800-852-3345 x 4445

To check on status of pending apps

### ***NH DHHS Bureau of Elderly and Adult Services***

**Phone:** 603-271-9203

**Phone:** 800-351-1888

**On the Web:** [www.dhhs.state.nh.us](http://www.dhhs.state.nh.us)

### ***NH DHHS Child Support Services***

40 Terrill Park Drive

Concord, NH 03301

**Phone:** 603-271-3604

**Phone:** 603-271-4745

**On the Web:** [www.dhhs.state.nh.us](http://www.dhhs.state.nh.us)

Court ordered Child Support Administration, questions

### ***NH DHHS Family Assistance Concord***

40 Terrill Park Drive

Concord, NH 03301

**Phone:** 603-271-6200

**Phone:** 800-322-9191

**Fax:** 603-271-6451

**On the Web:** [www.dhhs.state.nh.us](http://www.dhhs.state.nh.us)

Food Stamps, Cash Assistance, Medical, Job Training, Work Search Assistance.

Serves Hillsborough Residents

### ***NH DHHS Family Assistance Keene***

809 Court Street

Keene, NH 03431

**Phone:** 603-357-3510

**Phone:** 800-624-9700

**Fax:** 603-352-2598

**On the Web:** [www.dhhs.state.nh.us](http://www.dhhs.state.nh.us)

Serves Deering w/ or w/o Hillsborough mailing addresses.

Covers Hillsborough for DCYF. Serves Windsor w/ or w/o

Hillsborough Mailing Address.

### ***NH Employment Security***

10 West Street

Concord, NH 03301

**Phone:** 603-228-4100

**Phone:** 800-852-3400

**On the Web:** [www.nh.gov/nhes](http://www.nh.gov/nhes)

Unemployment Benefits, Job Search assistance

### ***NH Governor's Commission on Disability***

57 Regional Dr.

Concord, NH 03301

**Phone:** 603-271-2773

**Phone:** 800-852-3405

**Fax:** 603-271-2837

**On the Web:** [www.nh.gov/disability](http://www.nh.gov/disability)

## ***NH Healthy Homes and Lead Poisoning Prevention Program***

**Phone:** 603-271-4786

**On the Web:** [www.dhhs.nh.gov/dphs/bchs/clpp/index.htm](http://www.dhhs.nh.gov/dphs/bchs/clpp/index.htm)

Regarding specific questions about making homes lead safe for small children

## ***NH Healthy Kids***

1 Pillsbury St, Suite 300

Concord, NH 03301

**Phone:** 603-228-2925

**Phone:** 877-464-2447

**Fax:** 603-224-4535

**On the Web:** [www.nhhealthykids.com](http://www.nhhealthykids.com)

Medical Coverage for income eligible kids through age 18 years and pregnant moms.

## ***NH House of Reps***

Marjorie Porter

64 School St

Hillsborough, NH 03244

**Phone:** 603-464-0225

**Email:** [marjorie.porter@leg.state.nh.us](mailto:marjorie.porter@leg.state.nh.us)

## ***NH House of Reps***

Holly Mecheski

26 Rocky Ledge Road

Windsor, NH 03244

**Phone:** 603-478-3986

## ***NH House of Reps***

Robert Fredette

31 Bog Road

Hillsborough, NH 03244

**Phone:** 603-464-9962

**Email:** [fredette2010@hotmail.com](mailto:fredette2010@hotmail.com)

### ***NH Housing Finance***

32 Constitution Blvd

Bedford, NH 03110

**Phone:** 603-310-9283

**Phone:** 800-439-7247

**Fax:** 603-488-0875

**On the Web:** [www.nhhfa.org](http://www.nhhfa.org)

Section 8 voucher waiting list, Mortgage counseling

### ***NH Public Utilities Commission***

21 South Fruit St Ste 10

Concord, NH 03301

**Phone:** 603-271-2431

**Phone:** 800-852-3793

**Fax:** 603-271-3878

**On the Web:** [www.puc.state.nh.us](http://www.puc.state.nh.us)

**Email:** [puc@puc.nh.gov](mailto:puc@puc.nh.gov)

Regulates metered utilities in New Hampshire such as Electricity, Natural Gas, and Telephone.

### ***NH Senate***

Andy Sanborn

33 North State St, Rm 5

Concord, NH 03301

**Phone:** 603-271-2111

**Email:** [andy.sanborn@leg.state.nh.us](mailto:andy.sanborn@leg.state.nh.us)

### ***NH State Hospital***

36 Clinton St

Concord, NH 03301

**Phone:** 603-271-5300

**Phone:** 800-852-3345 x 5300

**Fax:** 603-271-5395

**On the Web:** [www.dhhs.state.nh.us/dcbcs/nhh/index.htm](http://www.dhhs.state.nh.us/dcbcs/nhh/index.htm)



### ***Parent Information Center***

P.O. Box 2405

Concord, NH 03302

**Phone:** 603-224-7005

**Phone/TTY:** 800-947-7005

**Fax:** 603-224-4365

**On the Web:** [www.parentinformationcenter.org](http://www.parentinformationcenter.org)

Assistance with 504 Plans, IEPs and navigating the process of obtaining education assistance for children with disabilities.

### ***Phoenix House***

**Phone:** 603-358-4041

**Phone:** 800-378-4435

Drug abuse treatment for Adults and Teens in 4 locations throughout NH

### ***Project Four***

**Phone:** 603-464-3511

Faith based family support for families in crisis. Applications may be made through Valley Bible Chapel.

### ***Project Genesis***

23 Depot Street

Hillsborough, NH 03244

**Phone:** 603-464-4145

**Phone:** 603-464-5779

Drop-in Teen Center sponsored by Hillsboro Youth Services

### ***Project Lift Adult Learner Services***

Judith Fournier

P.O. Box 43

Hillsborough, NH 03244

**Phone:** 603-464-5285

**Fax:** 603-464-5060

**On the Web:** [www.fullerlibrary.info](http://www.fullerlibrary.info) [www.nhadulted.org](http://www.nhadulted.org)

**Email:** [hillsboroadulted@hotmail.com](mailto:hillsboroadulted@hotmail.com)

FREE Adult basic education, GED prep, Tutoring, Referrals

### ***Rise Again Outreach***

34 Staniels Rd

Loudon, NH 03307

**Phone:** 603-229-3220

**Phone:** 800-266-5017

### ***Rite Aid Pharmacy***

315 West Main St

Hillsborough, NH 03244

**Phone:** 603-464-5678

LINET Medicare part D Assistance

### ***Riverbend Children's Intervention Program***

105 Loudon Rd. Building 4

Concord, NH 03301

**Phone:** 603-228-0547

**Fax:** 603-226-7525

**On the Web:** [www.riverbendcmhc.org](http://www.riverbendcmhc.org)

### ***Riverbend Community Mental Health***

P.O. Box 2032

Concord, NH 03301

**Phone:** 603-228-0547

**On the Web:** [www.riverbendcmhc.org](http://www.riverbendcmhc.org)

### ***Runaway Switchboard***

**Phone:** 800-621-4000

Homeless and runaway teens

### ***Samaritans Suicide Prevention***

**Phone:** 800-784-2499

**Phone:** 800-273-8255

### ***Sen. Jeanne Shaheen***

1589 Elm Street, Ste 3

Manchester, NH 03101

**Phone:** 603-647-7500

**Phone:** 202-224-2841

**Fax:** 603-647-9352

**On the Web:** [shaheen.senate.gov](http://shaheen.senate.gov)

### ***Sen. Kelly Ayotte***

1200 Elm Street Ste 2

Manchester, NH 03101

**Phone:** 603-622-7373

**Phone:** 202-224-3324

**Fax:** 603-622-0422

**On the Web:** [ayotte.senate.gov](http://ayotte.senate.gov)

### ***Service Link***

**Phone:** 866-634-9412

**On the Web:** [www.nh.gov/serviceLink](http://www.nh.gov/serviceLink)

Medicaid/Medicare/Service resources for Seniors and Disabled Adults

### ***Sexual Assault 24-Hour Hotline***

**Phone:** 800-227-5570

**Phone:** TTY: 800-735-2964

Crisis support, information and referrals.

### ***Smith Memorial Church***

Pastor Andrew McLeod

30-34 West Main Street

Hillsborough, NH 03244

**Phone:** 603-464-5239

**On the Web:** [smithmemorialucc.org](http://smithmemorialucc.org)

**Email:** [smithmemorialucc@mcttelecom.com](mailto:smithmemorialucc@mcttelecom.com)

Office Hours: Tue-Fri 9am-12pm

### ***Social Security Concord***

70 Commercial St Ste #100

Concord, NH 03301

**Phone:** 888-397-9798

**On the Web:** [www.ssa.gov](http://www.ssa.gov)

### ***Social Security Manchester***

1 Wall Street, Suite 201

Manchester, NH 03101

**Phone:** 866-354-3773

**Phone:** 866-814-5408

**On the Web:** [www.ssa.gov](http://www.ssa.gov)

### ***Southern NH Services Child Development Center***

21 School St

Hillsborough, NH 03244

**Phone:** 603-464-5981

**Phone:** 603-464-3136

**Fax:** 603-464-3420

**On the Web:** [www.snhs.org](http://www.snhs.org)

Pre-school, before and after school care and Head Start

### ***Southern NH Services Energy Assistance Programs***

46 Concord St.

Peterborough, NH 03458

**Phone:** 603-924-2243

**Fax:** 603-924-5756

**On the Web:** [www.snhs.org](http://www.snhs.org)

### ***St Theresa's/St Mary's Church***

Father Thomas Dustin  
36 Church St  
Hillsborough, NH 03244  
**Phone:** 603-464-5565  
**Phone:** 603-464-6021  
**On the Web:** [www.showerofroses.org](http://www.showerofroses.org)  
**Email:** [rectoryoffice@mcttelecom.com](mailto:rectoryoffice@mcttelecom.com)

### ***St Vincent De Paul***

135 N. State Street  
Concord, NH 03301  
**Phone:** 603-225-4331  
Food pantry

### ***The Grapevine Family and Community Resource Center***

4 Aiken Street  
Antrim, NH 03440  
**Phone:** 603-588-2620  
**On the Web:** [www.AntrimNH.org](http://www.AntrimNH.org)  
**Email:** [thegrapevine@conknet.com](mailto:thegrapevine@conknet.com)

### ***The Hodges Companies CATCH***

201 Loudon Road  
Concord, NH 03301  
**Phone:** 603-224-9221  
**Fax:** 603-228-1387  
**On the Web:** [www.hodgescompanies.com](http://www.hodgescompanies.com)

### ***The River Center***

46 Concord St  
Peterborough, NH 03458  
**Phone:** 603-924-6800  
**On the Web:** [www.rivercenter.us](http://www.rivercenter.us)

### ***The Way Home***

214 Spruce Street

Manchester, NH 03103

**Phone:** 603-627-3491

**On the Web:** [www.thewayhomenh.org](http://www.thewayhomenh.org)

Security Deposit Loan Guarantee program. Hillsborough County

### ***Town of Hillsborough Selectmen/Assessing Office***

P.O. Box 7

Hillsborough, NH 03244

**Phone:** 603-464-3877

**Fax:** 603-464-4270

**On the Web:** [www.town.hillsborough.nh.us](http://www.town.hillsborough.nh.us)

### ***Town of Washington***

Carolyn Russell

7 Halfmoon Pond Road

Washington, NH 03280

**Phone:** 603-495-3193

**On the Web:** [www.washingtonnh.org](http://www.washingtonnh.org)

**Email:** [welfare@washingtonnh.org](mailto:welfare@washingtonnh.org)

Welfare Officer, Serves Washington Residents

### ***Valley Bible Chapel***

Pastor Greg Lull

14 West Main Street

Hillsborough, NH 03244

**Phone:** 603- 464-3511

**On the Web:** [valleybiblechapel.net](http://valleybiblechapel.net)

**Email:** [chapel@mcttelecom.com](mailto:chapel@mcttelecom.com)

Faith Based Assistance

### ***WIC/Commodity Foods***

P.O. Box 5040

Manchester, NH 03108

**Phone:** 603-668-8010

**Phone:** 800-322-1073

**On the Web:** [www.snhs.org](http://www.snhs.org)

### ***YWCA***

72 Concord Street

Manchester, NH 03101

**Phone:** 603-668-2299

**Phone:** 603-625-5785

**On the Web:** [www.ywcanh.org](http://www.ywcanh.org)

Domestic Violence Walk-in Support Center

## This guide is published with support from:

Community Action Team

Peter Brigham

61 West Main St

Hillsborough, NH



Monadnock Paper Mills, Inc.

Monadnock  117 Antrim Road  
Bennington, NH  
RESPECTED PAPERMAKING SINCE 1819

## And due to the efforts of:

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Hillsborough Town Welfare

Dana Brien

27 School Street

Hillsborough, NH

603-464-3877 x226



To be included in our next guide or to give support, please  
contact one of us!!